

# Sheltered Work Opportunities Project

Cherry Tree Nursery  
Off New Road Roundabout  
Northbourne, Bournemouth  
Dorset BH10 7DA

At SWOP, we offer a chance for those with long-term mental health problems to rediscover their worth and maybe get back into paid employment again. We do this by the means of therapeutic horticulture, giving them the opportunity to do meaningful work in a pressure-free environment.



The Sheltered Work Opportunities Project  
Is a company limited by guarantee (No. 2449757)  
and a Registered Charity (No. 900325)  
Registered in England at Cherry Tree Nursery  
VAT Reg. No 619 60277 35

## WOULD YOU LIKE TO BECOME A FRIEND OF CHERRY TREE NURSERY?

Cherry Tree Nursery welcomes new Friends, who support the valuable work of the project in various ways:

1. Become a supporting Friend by taking out a standing order for however much you would like.
2. For people with busy lives, some Friends just help with our big events, such as Plant Sales, Christmas parties, etc.
3. More active Friends help more regularly with work that cannot always be done by volunteers. The most obvious thing is helping in the sales area, either by operating the till or helping stock up with good quality plants. Help is always needed, especially on Saturdays.
4. Become a Call-on Friend - when we have a big event coming up and need extra help we can ring these Friends for assistance.

Our greatest need is for people to ensure the nursery is open at weekends and to help us maximise our income. We always need people who can serve customers and improve the appearance of our sales area.

Other Friends supervise small groups doing horticultural tasks, or drive our minibus for outings or our van for plant deliveries, or do propagation.

Friends receive companionship and a sense of belonging to a community, two newsletters a year, an invitation to our Open Day and other events, and can join in as much as they wish.

To become a Friend, helping in the nursery, you need only complete a simple form and supply contact details of two references who can confirm you are honest, reliable and patient. For a standing order there is a different simple form to fill in.

Please do not hesitate to contact us for further information, and we look forward to perhaps welcoming you as a new Friend of our important project!